

BY ALEXANDRIA CITY HIGH SCHOOL

Emilson V

TOPIC

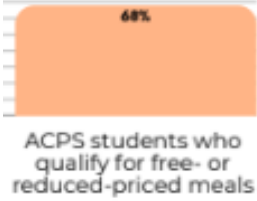
Take-Home Food Options

TOPIC DESCRIPTION

Some students at ACHS do not have enough food after school or on weekends. This issue affects students and families in Alexandria. Without enough food, students may struggle to focus and do well in school. Take-home food programs could help students feel healthier and more supported. This issue matters because all students should have access to enough food.

BASELINE DATA & GOAL

Survey data showed that 80% of students believe take-home food programs would help students and families.



The goal is to increase take-home food access for students in need by 20%

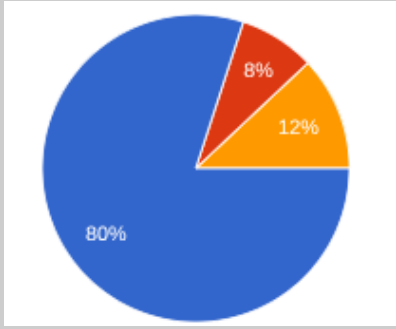
CYCP GOAL & STRATEGIC AREA

This issue connects to the Children and Youth Community Plan because it supports students health, well-being, and academic success by helping students have access to enough food.

WHAT IS HAPPENING RIGHT NOW?

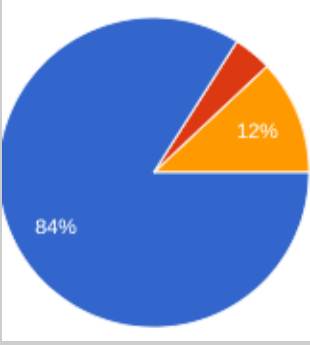
Discuss how ACPS/ACHS is currently doing in regard to your issue. This information should come from your survey,

SHOULD ACHS PROVIDE TAKE-HOME FOOD OPTIONS?



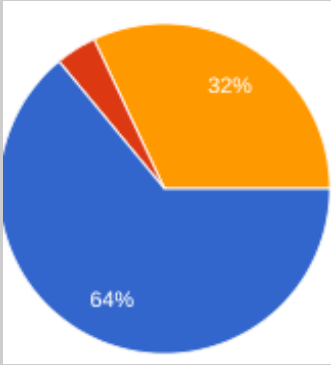
It shows the 80% of students agree that ACHS provide take-home food options

WOULD TAKE-HOME FOOD PROGRAMS HELP STUDENTS AND FAMILIES?



84% of students agree that take-home food program will help families and students

DO FREE SCHOOL MEALS HELP STUDENTS?



64% of students said the free school meals would help a lot of students

ACPS currently provides free breakfast and lunch programs for students. Survey results showed that many students think take-home food options would help families and students in need. This matter because some students still struggle to get enough food outside school hours.

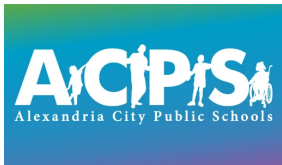
WHAT HAS ALREADY BEEN TRIED?

The school has provided free meal programs and some food assistance resources for students and families

WHO CAN HELP?

ACPS Nutrition Services
Can help create and mange take-home food programs

Catholic Charities Food
Pantry
Can provide food donations and support for families in need



Catholic
Charities
of the
Diocese
of
Alexandria

WHAT HAS BEEN DONE SO FAR?

The school has offered free breakfast and lunch programs to students.

These programs help many students, but more support is still needed after school and on weekends.

IS IT ACTUALLY HELPING?

Free meals are helping students during the school day, but some students still do not have enough food at home. The problem is improving slowly but still needs attention.

WHAT SHOULD CHANGE? (YOUR SOLUTION)

ACHS Should create a take-home food program for students in need. Survey responses showed that many students support take-home food options because they would help students and families outside school hours.

WHAT WILL HAPPEN NEXT?

Students will have better access to food and feel more supported. Families struggling with food cost will benefit, and students may be more focused and successful in school.

CITATIONS

Titan Changemaker Listening Session Handout [Handout].

Alexandria City Public Schools. 2026
School Nutrition Services.

Catholic Charities.
Food Pantry Services

Youth Issue Brief (2024-2025)
Food insecurity well-being [report]. Alexandria City Public School

LEARN MORE

ACPS Nutrition Services-
Provides school meals and food support for students

Catholic Charities Food
Pantry- Helps families get free food and community support